

Kaiser Permanente Technical Support Resources

Coordinators

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Overview

Kaiser Permanente (KP) will provide technical assistance (TA) in the form of training, materials and consultation to grant recipients of The California Endowment (TCE) Healthy Eating, Active Communities Initiative. TA will be provided based on identified needs during the 4 year grant cycle. As KP is divided into two California regions (Northern and Southern), TA will be provided by a KP team located in that region and in close proximity to each grantee site.

Division of Responsibilities

With consultation from KP local teams, grantee collaboratives are expected to accomplish the following:

- A. Identify local leadership within the community's healthcare system
- B. Identify community health professionals who need to be trained
- C. Develop and implement a training strategy with the appropriate level of TA intensity

Grantee collaborative is expected to accomplish the following independently:

- D. Organize training logistics (e.g., scheduling, location, food, AV, materials, CME, speakers, expenses)
- E. Participant recruitment

TA Resources Available to Grantees

These levels of training build off each other, and therefore, should be considered sequentially.

Level of Intensity	Training & Consultation	Collateral Materials	Weight Interventions	Information Technology
Level One	1.5 - 2 Hour Basic Training: BMI, Medical Assessment, Weight Goals, Brief Focused Advice, Prevention messages, Community Advocacy Intro	<ul style="list-style-type: none"> • Practice Guideline • Poster • Tip Sheets • BMI Wheels • School Presentation for Parents/Teachers and Teens 		
	1 hour Academic Detailing Training: How to use academic detailing to deliver basic training messages			
Level Two	1.5 - 2 Hour The Physician's Role in Community Advocacy Training	<ul style="list-style-type: none"> • CDC School Health Index • Center for Weight & Health Binder 	<ul style="list-style-type: none"> • Play HEALS (SCal) and Zip's Great Day (NCal) - Educational Theater • TV Turnoff Week 	<ul style="list-style-type: none"> • Teen Choices and Challenges
Level Three	2 - 8 Hour Brief Negotiation Training Intensive skill building in communication with children and families	<ul style="list-style-type: none"> • Communication Skills Overview • Brief Negotiation Workbook 	<ul style="list-style-type: none"> • Multi-Session Group Intervention (location tbd – local KP Facility or community site) 	
Level Four	IHI Collaborative Model: 3 Learning Sessions re: plan, do, study, act (see page 2) 4-8 hrs/ea over 6-15 mos.	<ul style="list-style-type: none"> • IHI Materials • Office Systems Tools • Data Collection Tools 	<ul style="list-style-type: none"> • Individual Counseling Intervention (based on availability of local provider) 	<ul style="list-style-type: none"> • Registry or Electronic Medical Record consultation • Teen Choices and Challenges